

FAQ



Cellular Nutrition Assays

Before you test:

Is fasting required for the Cellular Nutrition Assay?

No, fasting is not required.

Should supplements/medications be discontinued prior to having the blood drawn for the Cellular Nutrition Assay?

There is no need to discontinue supplements weeks prior to testing. This micronutrient analysis is a reflection of the individual's long term nutrient status (over ~ 6 months). If possible, do not take any medications/ supplements at least 4 hours before blood draw.

Do I need to test through a healthcare practitioner, or may I test on my own?

You may test through a healthcare practitioner, directly through <https://previmedica.com/>, or one of our program advisors at PreviMedica. A blood draw provided by a medical professional is required. We can assist you with arranging a convenient option for you. You may also take part in our additional support programs.

Are these tests covered by health insurance?

No. Insurance plans do not reimburse for this test, currently.

After you test:

Why don't you quantify the results instead of just using the bar colors and percentages?

The CNA (Cellular Nutrition Assay) tests the functional response of the cells. This type of test does not measure the actual amount of a nutrient within the cell. If the metabolic activity of the cells is increased as a result of the nutrient addition, it simply means the cells do not have enough of that particular nutrient.

How long will it take to receive my test results?

Cellular Nutrition Assay test results are available online in 5-7 business days after the specimen is received in the laboratory. For tests ordered through a practitioner, results will be provided to the patient, by the practitioner.

How much support is available after testing?

With every test offered by Cell Science Systems, the patient and/or ordering practitioner may be eligible to receive a complimentary 30-minute phone or video consultation with a member of our support team to discuss test results. To request an appointment for a complimentary session, please complete this form:

<https://cellsciencesystems.com/resultsreview>

Appointments are also available for healthcare practitioners to discuss the technology and science pertaining to the test. To request an appointment, please complete this form:

[AsktheLab](#)

